

### Prices

Children (30 min)	£45.00 (Levels 1 - 8 only)
Children (45 min)	£60.00 (Levels 9 - 10 only)
Adult and Child	£45.00
Adult	£60.00
Junior Lifesaving (60 mins/ 6 week course)	£45.00



**Payments may be made in the form of cash, credit/debit cards or cheques (with a valid guarantee card)**

### Other available courses include:

- One to One Lessons £15 per 30mins
- One to Two Lessons £15 per 30 mins. \*Second person pays £10
- Stroke Clinics
- Holiday Crash Courses

Contact the swimming co-ordinator for more details.

\* They must be at the same swimming level.

### Other Information

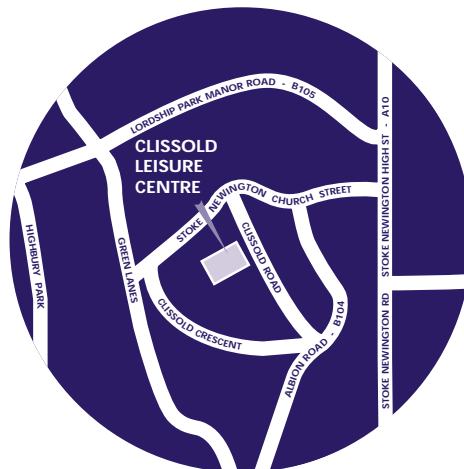
- Swimming hats must be worn for all children's lessons. Hats are provided at the start of each term and must be replaced if lost or ripped.
- Please do not let your child eat for at least an hour before swimming.
- Please ensure that your child uses the toilet before entering the pool.
- For safety, all jewellery should be removed. If you have religious jewellery and are unwilling to remove it for the swimming activity, please ensure that it is made safe by taping down so that accidents can be avoided.
- To ensure the children's full concentration and safety, the training pool operates a no spectating policy.
- Once enrolled a change of day will incur a ten percent administration charge.
- Please be advised that we reserve the right to refuse entry into a class once the course has commenced.

**Refunds will only be given in exceptional circumstances at the discretion of the management. Any pupil leaving the course will forfeit their inclusion within priority enrolment. The management reserve the right to alter fees and services described within this leaflet. Photographs and images are for illustration purposes only. December 2002.**



Clissold Leisure Centre  
63 Clissold Road • Stoke Newington  
Hackney • London N16 9EX

**020 7275 2950**



The new face of community leisure  
in partnership with Leisure Connection Ltd



# Swim School



# Class Schedule

Term: Spring



SwimSchool operates a rolling programme of professional swimming teaching throughout the year using the Amateur Swimming Association (ASA) National Plan for Teaching Swimming. For full details on SwimSchool please refer to our "SwimSchool Prospectus" Brochure.

## TERM TIMETABLE

### Adult and Child Classes \*

6-9 Months - (30 mins)

Day	Time
Monday:	12.00
Tuesday:	
Wednesday:	12.00
Thursday:	
Friday:	
Saturday:	10.00
Sunday:	

10 - 18 Months - (30 mins)

Day	Time
Monday:	12.30
Tuesday:	12.00
Wednesday:	12.30
Thursday:	12.00
Friday:	
Saturday:	
Sunday:	08.30

18 Months - 3 Years - (30 mins)

Day	Time
Monday:	
Tuesday:	12.30
Wednesday:	13.00
Thursday:	12.30
Friday:	10.00
Saturday:	
Sunday:	10.30

3 - 4 Years - (30 mins)

Day	Time
Monday:	13.00
Tuesday:	13.00
Wednesday:	
Thursday:	13.00
Friday:	
Saturday:	09.00 11.30
Sunday:	11.00

(\*Adult/Carer accompany children)

**Adult Lessons - Beginners - (30 mins)**

Day	Time
Monday:	
Tuesday:	20.00
Wednesday:	
Thursday:	18.00 18.30 19.00 19.30
Friday:	
Saturday:	
Sunday:	08.00

**Adult Lessons - Advanced - (30 mins)**

Day	Time
Monday:	
Tuesday:	20.30
Wednesday:	
Thursday:	18.00 18.30 19.00 19.30
Friday:	
Saturday:	
Sunday:	08.30

**Junior Lifesaving - (1 hour)**

Day	Time
Friday:	18.30



## CHILDREN'S CLASSES

**ASA NATIONAL SWIM AWARDS LEVEL 1**

- (30 mins)

Day	Times
Tuesday:	16.00 16.30 17.00 18.00
Wednesday:	16.00 16.30 17.30
Thursday:	16.00 16.30 17.00
Friday:	16.00 16.30 17.00
Saturday:	08.30 09.00 09.30 10.30 11.00
Sunday:	12.00
Sunday:	08.30 09.00 09.30 10.00 11.00

**ASA NATIONAL SWIM AWARDS LEVEL 2**

- (30 mins)

Day	Times
Tuesday:	16.00 16.30 17.00 17.30
Wednesday:	16.00 16.30 17.00
Thursday:	16.00 16.30 17.00 17.30
Friday:	16.00 16.30 17.00 17.30
Saturday:	08.30 09.00 09.30 10.00 11.00
Sunday:	11.30 12.00 12.30
Sunday:	09.00 09.30 10.30 11.00

**ASA NATIONAL SWIM AWARDS LEVEL 3**

- (30 mins)

Day	Times
Tuesday:	16.00 17.00 17.30
Wednesday:	16.30 17.00
Thursday:	16.00 17.00 17.30
Friday:	16.00 17.00 17.30
Saturday:	08.30 10.00 11.30 12.00 12.30
Sunday:	09.00 09.30 10.30 11.30

**ASA NATIONAL SWIM AWARDS LEVEL 4**

- (30 mins)

Day	Times
Tuesday:	16.00 16.30 18.00
Wednesday:	16.00
Thursday:	16.30 17.00
Friday:	16.30 17.00
Saturday:	08.30 09.00 09.30 10.30
Sunday:	08.30 11.30

**ASA NATIONAL SWIM AWARDS LEVEL 5**

- (30 mins)

Day	Times
Tuesday:	17.30 18.00
Wednesday:	16.00 17.00
Thursday:	16.00 17.30
Friday:	16.00 18.00
Saturday:	09.30 10.30
Sunday:	10.00

**ASA NATIONAL SWIM AWARDS LEVEL 6**

- (30 mins)

Day	Times
Tuesday:	16.30 18.00
Wednesday:	17.00
Thursday:	16.30
Friday:	16.30 18.00
Saturday:	11.00 12.00
Sunday:	10.00

**ASA NATIONAL SWIM AWARDS LEVEL 7**

- (30 mins - Main Pool)

Day	Times
Tuesday:	17.00
Wednesday:	16.30
Thursday:	17.30
Friday:	18.00
Saturday:	10.00 11.30
Sunday:	

**ASA NATIONAL SWIM AWARDS LEVEL 8**

- (30 mins - Main Pool)

Day	Times
Tuesday:	17.30
Wednesday:	
Thursday:	
Friday:	17.30
Saturday:	12.00
Sunday:	

**ASA NATIONAL SWIM AWARDS**

**LEVEL 9 & 10 - (45 mins - Main Pool)**

Day	Times
Tuesday:	18.00
Wednesday:	
Thursday:	
Friday:	
Saturday:	
Sunday:	10.30

**ASA NATIONAL SWIM AWARDS**

**LEVEL 11 & 12 - (1 Hour - Main Pool)**

Day	Times
Tuesday:	
Wednesday:	
Thursday:	
Friday:	17.30
Saturday:	
Sunday:	

Please see SwimSchool prospectus for level definitions.

Message:

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Please return proof by:

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# PROOF SHEET

**CHECK YOUR PROOF CAREFULLY, INCLUDING PHONE, FAX NO'S, ADDRESS ETC.  
WE CANNOT BE HELD RESPONSIBLE FOR ANY ERRORS  
UNLESS YOU HAVE MARKED THEM.**

to: Gary from: Alison

company: Clissold fax number: Email

date: 9th April 2003 number of pages to proof: 4

Please check carefully the accompanying proof and indicate any changes or corrections.  
We accept no responsibility for any errors not indicated on the proof sheet.

job title: SwimSchool Schedule

job no.: 8970 proof stage: 2nd

**PLEASE NOTE: NO JOB WILL BE PROCEEDED WITH UNTIL  
THIS FORM HAS BEEN COMPLETED, SIGNED AND  
RETURNED TO JUNCTION 9.**

Is the job correct, need no amendments and ready for print/production? YES  NO

Are there any special instructions regarding colours, pics, etc? YES  NO

If YES, please give details: \_\_\_\_\_

\_\_\_\_\_

If there are any amendments, please indicate them on the proof and return.

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